

Ideas to Share

Just Like Mommy Chore Chart



Description: Just Like Mommy Chore Chart helps the child learn how to imitate mother or caregiver while doing chores at home. The child will be able to see a picture of mother/caregiver performing the same chore and a picture of the child performing the same chore. When the child completes the chore, they will place a picture of themselves next to a picture of their mother doing the same chore. This will show the child that they completed the same chores just as his/her mother did.

Age appropriate: 3 years and older



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Materials:

- Magnets
- Construction paper (two different colors)
- Glue
- Laminator and sheets (*optional)

Instructions:

- Take and print selected chore pictures of mom and child participating in each chore separately and print labels for each chore (i.e. put clothes in hamper, set up table, clear table, keep room clean, and put toys away; also include a title for entire activity (“Just Like Mommy Chore Chart”) for child to know the activity).
- Cut out each picture and glue child’s and mom’s chore pictures to construction paper and cut out to be laminated.
- Cut out the labels for each activity and title.
- Paste labels to a different chore chart activity to add color for visual representation for child.
- Cut out laminated pictures and apply magnets to the back of the pictures to use on a magnetic surface such as refrigerator.

Ways to Adapt:

- May include another caregiver for child to mimic (father, aunt, uncle, grandparents, etc.) or an older sibling from whom the child may learn desired behavior.
- Instead of using magnets, may use Velcro to apply to poster board or to manila folders

*Useful to have pictures laminated for durability