

# Ideas to Share



## What Do You Want to Do? Chart



**Description:** What Do You Want to Do? Chart helps promote toddlers' abilities to focus on one activity at a time, which can increase attention and focus over time. The child will be able to independently select from various activities they enjoy doing, listed under the "What do you want to do?" side of the chart. They will then place the picture of the activity they choose under the "I want to" side of the chart. A timer may be set to indicate how much time the child can spend on the choice activity. Once the time for that activity is up, the child may return to the chart and pick the next activity they would like to do. Repeat this process for each activity.

Age appropriate: 2 years and older

### Materials:

- Velcro
- Pictures of activities your child likes to do (preferably pictures of your child partaking in those activities)
- Poster board
- Green, yellow, red Time Tracker Mini by Learning Resources (purchased on Amazon) – can also use any other timer (stopwatch, regular cooking timer, etc.)
- Laminator and sheets (\*optional)

### Instructions:

- Place Velcro on the backs of each picture
- Take the poster board and divide it into two columns
  - Label the left column "What do you want to do"
    - Place pictures under this column of all the activities your child wants to do
  - Label the right column "I want to"
    - Place a piece of Velcro in the middle of this column
- Child will pick an activity they would like to do on the "What do you want to do" column, and place it on the "I want to do" column
- Set timer associated with activity for a certain amount of time
  - Once the timer runs out, the child will go back to the poster board and pick the next activity they would like to do
  - This process will repeat for each activity

\*Useful to have pictures laminated for durability